

3/3's

Pastoral Care & Accountability:

- Worship God
- Highs & Lows?
- Did you follow your plan from last week? (obey/share)
Why or why not?

New Teaching & Practice:

- New Scripture/Lesson
- Practice teaching

Goal-setting & Commissioning

- Goal-setting:
 - How will I obey?
 - With whom will I share the words of God?
- Prayer & Commission

Pastoral Care & Accountability:

- Worship – anything that you can do together!
 - Read a Psalm together
 - Sing a song together, follow on youtube
 - Spend time naming things about God that are true and praising Him (you may have to model this or help disciple find material in Scripture)
- Highs and Lows
 - High – anything good, something they are thankful for
 - Lows – a perceived failure, discouragement, difficulty, etc.
- Did you obey?
 - Last week they said how they would obey their new lesson and they made a plan of obedience and sharing God's Words or the Gospel with others. Did they do it? Why or why not?
 - Celebrate victories, encourage those who didn't obey to try again.
 - Many recommend if you are one on one, and the student didn't obey, return to the same lesson as the week before until they do obey.

New Teaching & Practice:

- Scripture/New Lesson – Choose:
 - New Material
 - 7 Commands of Christ – begin here
 - Discovery Bible Study (such as M28) or 3 Column study on key passages of Scripture on the Christian life
 - If student has a particular area of struggle or question – select Scripture or material that addresses that question and do it together.
 - *Combination of teaching, personal sharing from your life, and facilitation is welcome and effective*
- Practice
 - Retention of material increases when the student is asked to 'teach' you or the others in the group.
 - Builds their confidence and competence.

Goal-Setting & Commissioning:

- Ask – What will you do to obey this lesson? When will you do it?
- Ask - Whom will you share with this week? (either this lesson's material and/or sharing the Gospel or your testimony with someone).
- End in Prayer Together
 - Commissioning: The discipler *sends* students back into their world. Encourage them with their potential impact. Be the person in their life who seems an oak tree when they are only a tiny seed. People need reminders, encouragement, and a vision to complete the Great Commission. Without these, it doesn't happen.

End in prayer together.

Helpful Tips & Insights:

- It is helpful for each student to have a **notebook** that they use each week. They are responsible to take notes and write down their obedience steps. (Digital is fine if they use same method consistently and can access it next meeting).
- Whatever amount of time you have to meet one another, **divide that time into thirds**. Do not skip any part, no matter how you are tempted to do so. If you have 90 minutes – then 30/30/30. If only 45, then 15/15/15, etc.
- It is helpful if the ‘new material’ is **easily reproducible** so when they reach a point when they are discipling others, they will remember and be able to use what they learned before. Any printed material you use here may not be available in their country/language for them to use later on when they need to disciple others. Consider this when you select material.
- This method is intentional, it is **imprinting the DNA** of a believer who has a deep love for God and expresses that love through faith, obedience, and sharing with others. This method also allows you to share from your own experience as a Christian.
- This is **designed for brand new believers**, but the same model can be used when you meet already existing believers. Don’t assume that existing believers are grounded and mature, begin with the same lessons until you see where they are.
- This method can be used **one on one, or in a small group**. If you get too large for everyone to have adequate time to share and feel safe to share openly, then divide into smaller groups.
- **Commission** your student/s to start their own discovery Bible study with seekers who are interested. Be their encourager and coach. *This is key to multiplication.*
- **The End Goal:** *a maturing believer who knows how to (1) pray & study the Bible on their own, (2) be a contributing part of the Body of believers, (3) share their faith with others, and (4) lead others to know Jesus through sharing and discovery Bible studies.*
- **A disciple is one who obeys Christ, follows Him, shares Him with others, allows Him to transform their worldview, and trains others to do the same.**

Lesson Content:

- 7 Commands of Christ
- 5-5-5/How to Begin Meeting with God Daily
- 4-1-1 (or substitute #4 of the 7 commands for this lesson)
- Following Jesus series of Scriptures
- Growing in Maturity series of Scriptures
- Suggested booklet – “Growing in Christ” – 13 Week Course for New & Growing Christians by the Navigators (recommended by other ISI Staff)
- You have the freedom to ask your students what key questions they have – select Scripture/new content based on their struggles or questions.

Questions as you go? Email Valerie valthouse@isionline.org